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Effective Supervision and Mentoring in Applied Behavior Analysis

1. What should the foundation of a supervisory relationship be built upon?

A. Collaboration
B. Friendship
C. Feedback
D. Gaining knowledge

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2. According to the information provided, how can a supervisory relationship become dysfunctional?

A. When the supervisee needs to receive continuous feedback
B. Having clear expectations at the beginning of the supervisory relationship that need to be revised based on skill attainment
C. When the supervisory relationship is not developed with clear guidelines or mutual agreement and respect
D. When supervisory meetings need to be rescheduled due to work schedules

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3. What two components are ideal for beginning a strong supervisory relationship?

A. Understanding expectations and conditions and a committed and positive relationship
B. Supervisory contract and direct communication
C. Dedicated supervision sessions and baseline measurement of skill knowledge
D. Clear guidelines and a process for conflict resolution

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4. How can a supervisor encourage interest and committment from the supervisee?

A. Provide the supervisee with resources for knowledge attainment
B. By delivering feedback through the "feedback sandwich" method
C. Provide them with time off from their work duties for self-care
D. By delivering frequent and specific feedback and praise

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5. How should feedback be delivered?

A. timely/consistently
B. frequently, specifically, and based on observed performance
C. immediately/continuously
D. after the conclusion of a session/with the client present

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6. When conflicting values regarding clients arise, what should a supervisor and supervisee do?

A. Engage in perspective taking
B. Establish guidelines for how to handle the situation
C. Discuss the differing views with the client
D. Allow the supervisor to make the final decision

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7. Explicit and direct instructions, equal control of exchanges among both parties, and privacy and respect for one's personal space are all indicators of what type of cultural context?

A. High context
B. Medium context
C. Mix of high and low context
D. Low context

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8. What is known as a list of work responsibilities required of a particular job that can then be expanded upon to include component tasks that are needed to complete the responsibilities, methods for measuring mastery and performance, and the outcomes that are desired?

A. Task analysis
B. Job model
C. Skill hierarchy
D. Evidence-based curriculum

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9. Which of the following is a core component of Behavior Skills Training (BST)?

A. Instruction, modeling, rehearsal, and feedback
B. Observation, documentation, and reflection
C. Teaching, testing, and remediation
D. Planning, implementation, and evaluation

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10. What is the primary purpose of collecting data on supervisee performance?

A. To document supervision hours
B. To guide data-based decision making and evaluate skill acquisition
C. To meet administrative requirements
D. To reduce supervisor workload

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