

Affordable ABA

How Behavior Analysis Can Change Your Life

1. In a monumental study conducted by Wolf and colleagues in 1964, what behavioral intervention was implemented?

- A. extinction
 - B. verbal praise
 - C. time-out
 - D. token economy
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2. How do behavior analysts believe that socially significant behaviors should be treated?

- A. with effective treatment
 - B. through collaborative efforts
 - C. with statistical analysis
 - D. though meaningful connections within the environment
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3. What does the term analysis refer to?

- A. to determine the functional relationship between the individual and the behavior being exhibited
 - B. to objectively determine the cause of why individuals maintain a behavior
 - C. detailed examination of the variables within an individual's environment
 - D. the search for maintaining variables that signal a behavior as well as for the individuals that continue, or reinforce, the behavior
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4. What methodology did behavior modification lead to?

- A. the use of positive reinforcement to change the demonstration of behavior
 - B. the use of aversive consequences as a method of suppressing or eliminating the behaviors
 - C. the use of verbal praise to reinforce alternative behaviors
 - D. the use of negative reinforcement as a method for increasing targeted behaviors
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5. What type of checks are behavioral researchers advised to complete?

- A. inter-observer agreement checks
 - B. treatment fidelity checks
 - C. methodology checks
 - D. data analysis checks
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6. What is known as seeking to find out if members of the public would find the research that has been conducted as useful?

- A. social endorsement
 - B. community acceptance
 - C. social validation
 - D. treatment integration
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7. What are behavior analysts focused on?

- A. decreasing challenging behaviors so that the individual is able to integrate into the community successfully
 - B. improving socially acceptable behaviors that only the individual's family finds appropriate to change
 - C. ensuring that the environment in which the individual resides is free of harm and allows for therapeutic support to be provided
 - D. providing a higher-quality of life for the individuals they provide services to that contains less pain and frustration and more enjoyment for the individual and their family
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8. What is the main purpose of the different functional assessment procedures?

- A. to assist the behavior analyst in collecting collateral information to help determine intervention selection
 - B. to use various consequences as a method for determining the best intervention for behavior reduction
 - C. to determine the extraneous variables that may signal the exhibition of the targeted behavior
 - D. to guide the behavior analyst in identifying a variable that may be maintaining the behavior
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9. What is the first step in replacing challenging behaviors?

- A. identify the consequence of the targeted behavior
 - B. identify the function of the behavior
 - C. determine the replacement behavior
 - D. teach the replacement behavior to the individual
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10. How does a behavior analyst view an individual's personality?

- A. behaviors that an individual exhibits, which are under the control of different contingencies in their environment, which more than likely match that of these contingencies
 - B. differences that exist within characteristic patterns of thinking, feeling, and behaving
 - C. the contingencies that exist within an environment that are used to shape an individual's behavior
 - D. combination of characteristics or qualities that form an individual's distinctive character that are determined by the consequences within one's environment
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11. Why are behaviors with a strong reinforcement history often more difficult to change?

- A. they are biologically predetermined
 - B. they have been reinforced consistently over time
 - C. they only occur in one environment
 - D. they are controlled by internal traits
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