

# Affordable ABA

## How Behavior Analysis Can Change Your Life

**1. In a monumental study conducted by Wolf and colleagues in 1964, what behavioral intervention was implemented?**

- A. extinction
- B. verbal praise
- C. time-out
- D. token economy

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**2. How do behavior analysts believe that socially significant behaviors should be treated?**

- A. with effective treatment
- B. through collaborative efforts
- C. with statistical analysis
- D. through meaningful connections within the environment

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**3. What does the term analysis refer to?**

- A. to determine the functional relationship between the individual and the behavior being exhibited
- B. to objectively determine the cause of why individuals maintain a behavior
- C. detailed examination of the variables within an individual's environment
- D. the search for maintaining variables that signal a behavior as well as for the individuals that continue, or reinforce, the behavior

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**4. What methodology did behavior modification lead to?**

- A. the use of positive reinforcement to change the demonstration of behavior
- B. the use of aversive consequences as a method of suppressing or eliminating the behaviors
- C. the use of verbal praise to reinforce alternative behaviors
- D. the use of negative reinforcement as a method for increasing targeted behaviors

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**5. What type of checks are behavioral researchers advised to complete?**

- A. inter-observer agreement checks
- B. treatment fidelity checks
- C. methodology checks
- D. data analysis checks

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**6. What is known as seeking to find out if members of the public would find the research that has been conducted as useful?**

- A. social endorsement
- B. community acceptance
- C. social validation
- D. treatment integration

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**7. What are behavior analysts focused on?**

- A. decreasing challenging behaviors so that the individual is able to integrate into the community successfully
- B. improving socially acceptable behaviors that only the individual's family finds appropriate to change
- C. ensuring that the environment in which the individual resides is free of harm and allows for therapeutic support to be provided
- D. providing a higher-quality of life for the individuals they provide services to that contains less pain and frustration and more enjoyment for the individual and their family

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**8. What is the main purpose of the different functional assessment procedures?**

- A. to assist the behavior analyst in collecting collateral information to help determine intervention selection
- B. to use various consequences as a method for determining the best intervention for behavior reduction
- C. to determine the extraneous variables that may signal the exhibition of the targeted behavior
- D. to guide the behavior analyst in locating a variable that appears to be the controlling variable

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**9. What is the first step in replacing challenging behaviors?**

- A. identify the consequence of the targeted behavior
- B. determine why the individual exhibits the behavior in question
- C. determine the replacement behavior
- D. teach the replacement behavior to the individual

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**10. How does a behavior analyst view an individual's personality?**

- A. behaviors that an individual exhibits, which are under the control of different contingencies in their environment, which more than likely match that of these contingencies
- B. differences that exist within characteristic patterns of thinking, feeling, and behaving
- C. the contingencies that exist within an environment that are used to shape an individual's behavior
- D. combination of characteristics or qualities that form an individual's distinctive character that are determined by the consequences within one's environment

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