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Implementation of Evidence-based Practices as Best Treatment Options

1. What primary type of evidence should practitioners attempt to use in the EBP process to choose whether or not to implement a treatment?

A. narrative review
B. systematic review
C. consensus review
D. critical review

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2. What is a multi-phase design that alternates between baseline and treatment phases?

A. Alternating treatments design
B. ABAB design or reversal design
C. Multiple baseline design
D. Changing criterion design

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3. Which type of measurement system should you use when precise levels of targeted behaviors or skills need to be represented?

A. Continuous measurement
B. Interval sampling
C. Discontinuous measurement
D. Whole interval recording

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4. Which response is NOT a reason why systematic reviews are considered to be the least biased source of information?

A. The research is based on a thorough, analytic, and standardized method.
B. The information is selected based on the integration of clear procedures.
C. Decisions can easily be influenced and based on personal biases.
D. The process that is used for selecting or weighing the information can be replicated.

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5. What is the first step in the EBP process?

A. Conduct a review of relevant variables
B. Consider additional steps
C. Review any new information
D. Determine the best source(s) of information

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6. Which level of IOA is considered standard for achieving data that are believable?

A. 80% or higher
B. 90% or higher
C. 75-80%
D. a minimum of 50%

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7. What should a practitioner do if the research they find in a systematic review is 20 years old?

A. Determine if the interventions in the study are consistent with the principles used to explain human behavior
B. Attempt to find other sources of information that are more recent
C. Continue to use these sources of information to develop an intervention
D. Disregard this research and consider an alternative intervention

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8. Which is an example of a discontinuous method of measurement?

A. Partial-interval recording
B. Frequency data collection
C. Inter-response time
D. Duration

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9. Treatment fidelity should be evaluated_____.

A. within the first several sessions of the intervention
B. only while the intervention is occurring consistently
C. at different points throughtout the intervention process
D. at the end of the intervention phase

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10. Which term refers to how accurately a treatment intervention is implemented?

A. progress monitoring
B. quality of adherence
C. treatment fidelity
D. task integration

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11. What are the main components that should be assessed when determining the quality of a research study?

A. Independent variables and social validity
B. Interventions used, data collected, and social validity of the study
C. The participants in the study, the dependent variables included, and treatment fidelity
D. The research design, dependent variables included in the study, treatment fidelity, and generalization

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12. Which term is known as individualizing and adapting a selected intervention based on client goals and context?

A. implementation planning
B. resource allocation
C. individualized treatment planning
D. needs assessment

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13. Which of these may indicate low tolerability of an intervention?

A. Positive enthusiasm
B. Leaving or attempting to leave the treatment area
C. Laughing and smiling
D. Engaging with the materials

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14. What term is known as the selective reporting of completed studies?

A. Reporting bias
B. Research bias
C. Publication bias
D. Researcher bias

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15. Barriers are identified _____and solutions are devised to overcome these barriers.

A. at the onset of implementation
B. on a continual basis
C. in the team meeting prior to selecting a treatment intervention
D. when they present themselves

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16. Which response is NOT considered a way that a treatment intervention can be adapated if the treatment intervention is found to be intolerable?

A. Evaluate and change the difficulty of the task
B. Strengthen the schedule of reinforcement
C. Identify and integrate more potent reinforcers
D. Decrease the schedule of implementation until the team can consider an alternative intervention

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17. When a practitioner determines that the treatment intervention is acceptable or feasible, and it produces results that are socially significant for the client by demonstrating meaningful changes in the individual's quality of life, the practitioner should _____.

A. adapt the treatment intervention
B. reject the treatment intervention

C. continue implementing the treatment intervention
D. stop the treatment intervention

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18. Which review is known as a best practice panel and is conducted by a selected group of individuals with expertise in a certain topic to evaluate research?

A. Systematic review
B. Consensus review
C. Narrative review
D. Critical review

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19. Which research design staggers the introduction of intervention across partcipants, settings, or behaviors?

A. AB design
B. Multiple baseline design
C. Changing criterion design
D. Alternating treatments design

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20. What is a behavior that exposes the client to many new contingencies and environments, often leading to an increase in skill acquisition?

A. Generalization
B. Adaptation
C. Behavioral adaptation
D. Behavioral cusp

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