

# Affordable ABA

## Introduction to Autism Spectrum Disorders

**1. What percentage of BCBAAs work with the autistic population?**

- A. 96%
- B. 12%
- C. 71%
- D. 55%

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**2. What version of the DSM was autism first included in?**

- A. DSM-II
- B. DSM-III
- C. DSM-IV
- D. DSM-V

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**3. Who coined the term "infantile autism" to reflect children who did not demonstrate social instinct to orient toward others, were overly focused or fixated on particular objects, and had an insistence on sameness, resisting unexpected change**

- A. Leo Kanner
- B. Hans Aspergers
- C. Eugen Bleuler
- D. BF Skinner

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**4. Which version of the DSM included diagnostic criteria for several PDDs including autistic disorder and Asperger's disorder?**

- A. DSM-V
- B. DSM-I
- C. DSM-III
- D. DSM-IV

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**5. How many autism severity levels are there?**

- A. 6
- B. 3
- C. 2
- D. 4

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**6. The term autism is derived from the greek word 'autos' which means \_\_\_\_\_**

- A. Self
- B. Friend
- C. Car
- D. Special

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**7. When were severity levels formally classified by the APA**

- A. 1980
- B. 1994
- C. 1943
- D. 2013

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**8. Which of the autistic severity levels does this most closely align: Without supports in place, deficits in social communication cause noticeable impairments.**

- A. level 1
- B. level 2
- C. level 3
- D. None of the above

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**9. Severity levels tell us**

- A. How high or low functioning an individual is
- B. whether a person has autism
- C. What level of support a person with autism is likely to need
- D. How a person developed autism

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**10. How is autism diagnosed?**

- A. Via an online screening tool
- B. Via blood tests
- C. Via brain scans
- D. Via diagnostic assessments such as the CARS-2.

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**11. What benefit does the MCHAT-R provide?**

- A. Diagnoses autism
- B. Identifies risk factors for autism
- C. Serves as an initial screening tool to identify those who need further testing
- D. Provides a severity level for an autism diagnosis

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**12. Which of the following is not a diagnostic tool used in assessing for autism**

- A. ADOS-2
- B. VB-MAPP
- C. RBS-R
- D. Vineland-2

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**13. Which ASD assessment tool is used with individuals from birth to 90?**

- A. CARS-2
- B. ADOS-2
- C. Vineland-2
- D. RBS-R

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**14. Which of the following potential etiologies of autism is currently believed to be of highest likelihood?**

- A. Genetics
- B. Vaccinations
- C. Prenatal tylenol use
- D. Premature membrane rupture

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**15. Who published a paper in 1998 claiming a link between autism and the MMR vaccine?**

- A. Eugen Bleuler
- B. Leo Kanner
- C. Andrew Wakefield
- D. John B. Watson

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**16. Which of the following is not known as a risk factor for ASD?**

- A. Parental age
- B. Gestational diabetes
- C. Prenatal cigarette smoking
- D. Prenatal valproate use

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**17. Biochemical modifications of DNA which affect gene expression are known as \_\_\_\_\_**

- A. Relative risks
- B. Genetic causes
- C. Transcriptome
- D. Epigenetics

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**18. How much more likely are individuals with ASD to experience depression, as compared to neurotypicals?**

- A. 4x
- B. 10x
- C. 2x
- D. Equal

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**19. Which ASD severity level is associated with the highest risk for depression?**

- A. Level 3
- B. Level 2
- C. Level 1
- D. Each are equally as likely

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**20. Which diagnosis was added to the DSM-V, characterized by severe and recurrent outbursts?**

- A. Bipolar disorder
- B. Major depression
- C. DMDD
- D. ADHD

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**21. Which treatment shows the highest level of efficacy for treating the core symptoms of autism?**

- A. ABA therapy
- B. Anti-inflammatories
- C. Stimulant medication
- D. Speech therapy

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**22. What type of treatment may be used to address comorbid anxiety?**

- A. Speech therapy
- B. ABA therapy
- C. CBT
- D. OT

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**23. Which type of treatment may be best able to address language, speech, and swallowing disorders, which are often comorbid in ASD?**

- A. OT
- B. Pharmaceuticals
- C. Speech therapy
- D. Art therapy

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**24. Which of the following benefits of music therapy have been identified in the use of MT with children with ASD?**

- A. Reduction in repetitive behaviors
- B. Adaptive behaviors
- C. Speech development
- D. Social reactions

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**25. Which category of medications is FDA-approved to treat irritability in autism?**

- A. Antidepressants
- B. Antihistamines
- C. Anti-epileptics
- D. Antipsychotics

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**26. What hormone supplement is commonly given to children with ASD who suffer from insomnia?**

- A. Abilify
- B. Melatonin
- C. Fluoxetine
- D. Valproate

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**27. Post-mortem brain scans have shown similarities in ASD and which other diagnosis?**

- A. OCD
- B. Anxiety
- C. Alzheimer's
- D. ADHD

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**28. What was the estimate rate of autism when first identified?**

- A. 1 in 100
- B. 3 in 1,000
- C. 2 to 3 per 10,000
- D. 3 to 7 per 10,000

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**29. What is the most recent estimated rate of ASD, per the CDC?**

- A. 1 in 44
- B. 1 in 88
- C. 1 in 100
- D. 1 in 1000

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**30. ASD occurs \_\_ times more in males than females**

- A. 2
- B. 4
- C. 10
- D. 20

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