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Parent Training Methods for Teaching New Skills

1. What does it mean when the term "sanitize the environment" is used?

- A. clean items within the environment thoroughly to attract interest
- B. restrict access to preferred items within the environment
- C. provide access to items within the environment on a timed schedule
- D. switch out items in the environment with new items as a method for motivating the learner

2. When restricting access to items, what should the goal of the intervention be?

- A. use restriction of reinforcement as a tool for motivating an individual and to help create an effective learning environment
- B. under-restrict access to reinforcement as this will increase motivation for the individual
- C. remove individual's access to tangible items until the individual can demonstrate the skill to mastery criteria
- D. use restriction of items on an as needed basis to help foster an effective learning environment

3. What terms refers to the concept of a person performing an activity that is less preferred (low probability behavior) in an effort to gain access to an activity that is more preferred (high probability behavior)?

- A. Motivating Operation
- B. Prompting Hierarchy
- C. Behavioral Momentum
- D. Premack Principle

4. Which response is not an example of the Premack Principle?

- A. Let's go on a bike ride after you finish cleaning your bedroom.
- B. Would you like to eat a piece of candy? Finish eating your vegetables.
- C. Finish your math worksheet or you will not talk on the phone to your friends later.
- D. You can play on the swings at the park if you put your laundry away.

5. What is the first step when using the Premack Principle?

- A. Identify the less preferred (low probability) behavior or activity
- B. Present the contingency to the child either by verbally telling them or by providing visuals
- C. Allow for time to pass so the child can complete the less preferred behavior or activity while still continuing to withhold access to the more preferred behavior or activity if the child does not

complete the less preferred behavior or activity
D. Identify the more preferred (high probability) behavior or activity

6. How can the view that the Premack Principle is used to manipulate an individual into completing an undesired behavior be countered?

- A. Ensure the individual provides consent prior to implementation of the intervention
- B. Ensure that access to reinforcement is equal
- C. Individual's free will should be respected only at times when the intervention is being implemented
- D. Ensure that the reinforcement strategies that are used are voluntary and not coercive

7. What term describes a decrease in responsiveness when an eliciting stimulus is presented repeatedly over a short period of time?

- A. Behavioral Momentum
- B. Habituation
- C. Behavior Reduction
- D. Satiation

8. What procedure is applied when simple instructions are provided that the individual is likely to complete and followed by an instruction that the individual is less likely to comply with?

- A. Prompt Hierarchy
- B. Premack Principle
- C. Behavioral Momentum
- D. Abolishing Operation

9. During the use of behavioral momentum, when an individual refuses to complete an easy task, what should happen?

- A. The person delivering the instructions should not complete the process
- B. The task should be repeated to allow the individual another opportunity to complete the task
- C. The person delivering the instructions should wait for the individual to respond
- D. Access to reinforcement should be removed until a response occurs

10. Which procedure is used to guide an individual to complete a new task by moving from incorrect responses to correct responses?

- A. Premack Principle
- B. Prompting
- C. Behavioral Momentum
- D. Establishing Operation

11. What type of prompt is used when the individual is immediately provided with the answer so that they can provide a successful response?

- A. Model prompt
- B. Verbal prompt
- C. Physical prompt
- D. Errorless prompt

12. What type of prompt is usually easier to fade out than other types of prompts?

- A. Model prompt
- B. Verbal prompt
- C. Visual prompt
- D. Partial physical prompt

13. What method is not used to determine if an individual would benefit from the use of chaining?

- A. if the learner is able to complete a school from beginning to end without missing a step
- B. if the learner can only complete a few steps of a skill or task
- C. if the learner misses or skips steps within the task
- D. if the learner completes the steps that are included in the chain incorrectly

14. What type of chaining is recommended if the individual is able to successfully complete the steps at the beginning of a behavior chain?

- A. Total task chaining
- B. Forward chaining
- C. Backward Chaining
- D. Reverse Chaining

15. What step should be completed first when integrating the implementation of chaining into teaching a new skill?

- A. Determine reinforcement
- B. Omit the steps from the chain that can already be completed independently
- C. Determine the skill that should be taught to the individual
- D. Create a task analysis

16. What steps are included in behavioral skills training?

- A. instruction, role play, demonstration, and reinforcement
- B. instruction, modeling, rehearsal, and feedback
- C. task analysis, role play, instruction, and reinforcement
- D. directions, task analysis, rehearsal, and feedback

17. Which step within behavioral skills training allows for the learner to use pictures to determine the steps that they are to complete?

- A. rehearsal
- B. feedback
- C. modeling
- D. instruction

18. Which type of chainging involves teaching the complete behavior chain each time by instructing the learner how to complete each step, every time?

- A. Total task chaining
- B. Forward chaining
- C. Backward Chaining
- D. Reverse Chaining

19. Which type of chaining is beneficial to use if the individual that is learning the skill has an easier time with the steps that are at the end of the behavior chain?

- A. Total task chaining
- B. Forward chaining
- C. Backward Chaining
- D. Reverse Chaining

20. What type of prompt is a nonverbal guide that can be provided to demonstrate to the individual the task that they need to complete next?

- A. Model prompt
- B. Visual prompt
- C. Physical prompt
- D. Gestural prompt

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