

Affordable ABA

Treatment Options for Individuals with Autism Spectrum Disorder

1. When are outcomes more significantly impacted for an individual through implementation of early intervention services?

- A. once ABA-based services have been obtained
 - B. during the first five years of life
 - C. upon diagnosis of ASD
 - D. during the first three years of life
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2. Which response is not one of the main models in which evidence-based early intervention models are classified?

- A. principles of behavioral analysis
 - B. performance feedback and praise
 - C. developmental and relationship models
 - D. combination of behavioral strategies and relationship-focused developmental models
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3. Which theory holds the view that symptoms of ASD are caused by inadequate parenting?

- A. psychodynamic theory
 - B. behavioral theory
 - C. social neuroscience theory
 - D. developmental theory
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4. What theory is based on the idea that the behaviors of humans obey universal laws of learning in which behaviors that are followed by a positive consequence are strengthened and will be more likely to occur again in the presence of the stimulus that triggered the exhibition of the behavior?

- A. psychodynamic theory
 - B. developmental theory
 - C. behavioral theory
 - D. social neuroscience theory
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5. Which theory is designed to focus on various changes and stages in which a child passes through within their cognitive development?

- A. behavioral theory
- B. developmental theory

- C. social neuroscience theory
 - D. psychodynamic theory
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6. Which response is not considered to be a phase that is used in the development of evidence-based interventions?

- A. studies that are conducted in a laboratory setting
 - B. formulation and implementation of the new intervention
 - C. development of a manual and method for cross-site evaluation of the intervention
 - D. control trials that are randomized
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7. Which phase that is used in the development of evidence-based practices has as its goal to show that the new intervention that has been selected is effective?

- A. development of a manual and method for cross-site evaluation of the intervention
 - B. control trials that are randomized
 - C. studies that are conducted in a laboratory setting
 - D. formulation and implementation of the new intervention
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8. Which response is not considered to be an advantage of between group designs?

- A. increased generalizability of the results when this is compared to that of single-subject results
 - B. a large number of participants are able to be included
 - C. few resources are needed
 - D. random assignment of participants to the different conditions
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9. High quality RCTs should use all of the following items except which response?

- A. a representative sample of participants
 - B. implementation in community settings
 - C. inclusion and exclusion criteria that are clear
 - D. outcome measures that are able to assess the core symptoms of ASD
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10. Interventions that are efficacious should be both _____ and _____ within real world settings.

- A. high-quality/generalizable
 - B. economical/applicable
 - C. accessible/effective
 - D. rigorous/adaptable
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11. What is known as behaviors that are able to be directly targeted by a treatment?

- A. proximal outcomes
 - B. measurable outcomes
 - C. generalizable outcomes
 - D. distal outcomes
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12. What response is not considered a risk that has been associated with the limitations of standardized cognitive tests?

- A. the changes associated with treatment implementation within this population may tend to be underestimated
 - B. achievement that occurs within minimum test-taking skills in this population may occur as a result of artificially inflated improvements that have been demonstrated in test scores
 - C. test scores that were exhibited at post-treatment for individuals that have poorer outcomes associated with treatment and did not obtain sufficient test-taking skills may bias the data toward a demonstration of more positive outcomes than what actually took place
 - D. the changes associated with treatment implementation within this population may tend to be overestimated
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13. What type of research designs have been predominantly utilized within the field of ABA?

- A. cross-sectional
 - B. single-subject
 - C. group
 - D. qualitative
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14. What is known as a method that includes the use of all subjects that have been randomized as a result of the data analysis, despite concerns with noncompliance, deviations that are made with a protocol, withdrawal from treatment that may need to occur, or any other issues that may occur after the subject has been enrolled in the study?

- A. randomized participant selection
 - B. treatment integrity
 - C. intent-to-treat analysis
 - D. randomized control trials
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15. What is the most common behavioral intervention that is used with children diagnosed with ASD?

- A. shaping
 - B. discrete trial training
 - C. backward chaining
 - D. token economy
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16. Which response is not considered to be a limitation of discrete trial training?

- A. difficulty with response generation to specific stimulus
 - B. lack of generalizability of skills that are learned
 - C. the individual becoming dependent on prompts to demonstrate the skill
 - D. lack of spontaneous communication
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17. What early intervention is implemented by adults throughout the course of play and daily routines where highly precise naturalistic behavioral teaching is integrated?

- A. Social Communication, Emotional Regulations, and Transactional Support model
 - B. Pivotal Response Treatment
 - C. Early Start Denver Model
 - D. Developmental, Individual Difference, Relationship-Based (DIR) model
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18. Which naturalistic intervention focuses on motivation, responsivity to multiple cues, self-management, and social initiations?

- A. Early Start Denver Model
 - B. Social Communication, Emotional Regulations, and Transactional Support model
 - C. Developmental, Individual Difference, Relationship-Based (DIR) model
 - D. Pivotal Response Treatment
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19. What type of strategies that are helpful for aiding in the success of employment opportunities include the use of activity schedules, organizational cues, reminders, and graphic organizers?

- A. functional communication system
 - B. visual supports
 - C. positive behavior supports
 - D. systematic instruction
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20. What type of intervention that is helpful for aiding in the success of employment opportunities includes the use of self-monitoring?

- A. positive behavior supports
 - B. systematic instruction
 - C. soft skill teaching
 - D. functional communication system
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