

# Affordable ABA

## Treatment Options for Individuals with Autism Spectrum Disorder

**1. When are outcomes more significantly impacted for an individual through implementation of early intervention services?**

- A. once ABA-based services have been obtained
- B. during the first five years of life
- C. upon diagnosis of ASD
- D. during the first three years of life

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**2. Which response is not one of the main models in which evidence-based early intervention models are classified?**

- A. principles of behavioral analysis
- B. performance feedback and praise
- C. developmental and relationship models
- D. combination of behavioral strategies and relationship-focused developmental models

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**3. Which theory holds the view that symptoms of ASD are caused by inadequate parenting?**

- A. psychodynamic theory
- B. behavioral theory
- C. social neuroscience theory
- D. developmental theory

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**4. What theory is based on the idea that the behaviors of humans obey universal laws of learning in which behaviors that are followed by a positive consequence are strengthened and will be more likely to occur again in the presence of the stimulus that triggered the exhibition of the behavior?**

- A. psychodynamic theory
- B. developmental theory
- C. behavioral theory
- D. social neuroscience theory

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**5. Which theory is designed to focus on various changes and stages in which a child passes through within their cognitive development?**

- A. behavioral theory
- B. developmental theory

- C. social neuroscience theory
- D. psychodynamic theory

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**6. Which response is not considered to be a phase that is used in the development of evidence-based interventions?**

- A. studies that are conducted in a laboratory setting
- B. formulation and implementation of the new intervention
- C. development of a manual and method for cross-site evaluation of the intervention
- D. control trials that are randomized

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**7. Which phase that is used in the development of evidence-based practices has as its goal to show that the new intervention that has been selected is effective?**

- A. development of a manual and method for cross-site evaluation of the intervention
- B. control trials that are randomized
- C. studies that are conducted in a laboratory setting
- D. formulation and implementation of the new intervention

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**8. Which response is not considered to be an advantage of between group designs?**

- A. increased generalizability of the results when this is compared to that of single-subject results
- B. a large number of participants are able to be included
- C. few resources are needed
- D. random assignment of participants to the different conditions

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**9. High quality RCTs should use all of the following items except which response?**

- A. a representative sample of participants
- B. implementation in community settings
- C. inclusion and exclusion criteria that are clear
- D. outcome measures that are able to assess the core symptoms of ASD

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**10. Interventions that are efficacious should be both \_\_\_\_\_ and \_\_\_\_\_ within real world settings.**

- A. high-quality/generalizable
- B. economical/applicable
- C. accessible/effective
- D. rigorous/adaptable

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**11. What is known as behaviors that are able to be directly targeted by a treatment?**

- A. proximal outcomes
- B. measurable outcomes
- C. generalizable outcomes
- D. distal outcomes

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**12. What response is not considered a risk that has been associated with the limitations of standardized cognitive tests?**

- A. the changes associated with treatment implementation within this population may tend to be underestimated
- B. achievement that occurs within minimum test-taking skills in this population may occur as a result of artificially inflated improvements that have been demonstrated in test scores
- C. test scores that were exhibited at post-treatment for individuals that have poorer outcomes associated with treatment and did not obtain sufficient test-taking skills may bias the data toward a demonstration of more positive outcomes than what actually took place
- D. the changes associated with treatment implementation within this population may tend to be overestimated

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**13. What type of research designs have been predominantly utilized within the field of ABA?**

- A. cross-sectional
- B. single-subject
- C. group
- D. qualitative

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**14. What is known as a method that includes the use of all subjects that have been randomized as a result of the data analysis, despite concerns with noncompliance, deviations that are made with a protocol, withdrawal from treatment that may need to occur, or any other issues that may occur after the subject has been enrolled in the study?**

- A. randomized participant selection
- B. treatment integrity
- C. intent-to-treat analysis
- D. randomized control trials

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**15. What is the most common behavioral intervention that is used with children diagnosed with ASD?**

- A. shaping
- B. discrete trial training
- C. backward chaining
- D. token economy

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**16. Which response is not considered to be a limitation of discrete trial training?**

- A. difficulty with response generation to specific stimulus
- B. lack of generalizability of skills that are learned
- C. the individual becoming dependent on prompts to demonstrate the skill
- D. lack of spontaneous communication

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**17. What early intervention is implemented by adults throughout the course of play and daily routines where highly precise naturalistic behavioral teaching is integrated?**

- A. Social Communication, Emotional Regulations, and Transactional Support model
- B. Pivotal Response Treatment
- C. Early Start Denver Model
- D. Developmental, Individual Difference, Relationship-Based (DIR) model

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**18. Which naturalistic intervention focuses on motivation, responsivity to multiple cues, self-management, and social initiations?**

- A. Early Start Denver Model
- B. Social Communication, Emotional Regulations, and Transactional Support model
- C. Developmental, Individual Difference, Relationship-Based (DIR) model
- D. Pivotal Response Treatment

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**19. What type of strategies that are helpful for aiding in the success of employment opportunities include the use of activity schedules, organizational cues, reminders, and graphic organizers?**

- A. functional communication system
- B. visual supports
- C. positive behavior supports
- D. systematic instruction

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**20. What type of intervention that is helpful for aiding in the success of employment opportunities includes the use of self-monitoring?**

- A. positive behavior supports
- B. systematic instruction
- C. soft skill teaching
- D. functional communication system

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